



VIDEO AUDITION COMPULSORY EXERCISES FOR DANCE

Submitting your Video Audition

We will be accepting video auditions for Fall 2023 applications as an alternative to in-person auditions. Applicants to the Dance and Theatre programs are required to complete a Performing Arts Supplement as part of the application process and provide a link to their video audition on that form.

All links must have security permissions turned off, but you are welcome to use any third-party website to host your video audition (YouTube, Vimeo, Google Drive). Please ensure that your link will open immediately upon submission. While you can prepare your video in advance, you will not have access to the Performing Arts Supplement through your application portal until you submit your application for admission.

Please wait for feedback from the Office of Admissions before removing your online video.

Preparing for Your Audition

Preparing Your Space

Exercises should be filmed in a well-lit space. Your video should consist of classroom/studio footage, if at all possible. It is most helpful if the applicant is the only one filmed. If filmed in a class setting, the camera should be focused exclusively on the applicant. **Music is not required.**

What To Wear

- Hair should be worn up and secured, away from the face, preferably in a tidy bun.
- No skirts, leg warmers, cover-up t-shirts, warm-ups, etc.

Female-identifying– A solid, black leotard with pink tights or flesh-toned convertible tights that match your skin tone and matching ballet slippers are preferred.

Male-identifying– White or black full length, form fitting crewneck t-shirt, tank, or leotard tucked into your tights. A dance belt, a canvas web belt to hold up your tights, black convertible or full-length footless ballet tights, and black ballet slippers.

Please Note: for the Jazz, Modern and Tap sections, black leggings may be worn.

Optional Exercises

The Barre, Center, Jazz and Modern exercises outlined on the following two pages are required for all audition videos. The additional Pointe, Tap and Men's exercises are optional, and only applicable when the dancer's technique warrants it.

BARRE EXERCISES

PLIÉ

*3/4 Slow waltz

*Each position should take eight (8) measures

*Left hand (only) on the barre

In 1st, 2nd, 4th and 5th positions:

- One (1) demi-plies – straighten
- One (1) relevé – lower heels
- One (1) grand plié – straighten
- Tendu – change position

TENDU

*4/4 Moderate tempo

*Right hand (only) on the barre

From 5th position – four (4) times in each direction (en croix):

- One (1) tendu – closing w/ a plié
- One (1) tendu – closing w/ straight legs
- Finish w/ balance in 5th position sous-sus

DÉGAGÉ

*4/4 Faster tempo

*Left hand (only) on the barre

From 5th position – four (4) times in each direction (en croix)

- Same exercise as above w/ dégagé
- Finish w/ balance front foot in cou-de-pied front

ROND DE JAMBÉ À TERRE

*3/4

*Right hand (only) on the barre

- Four (4) rond de jambe en dehors
- Battement front 90° or higher
- Passé to arabesque in plié (fondu)
- Brush through 1st position to battement tendu front (passé par terre)
- Repeat the exercise en dedans
- Repeat battement back passé to à la quatrième devant in plié
- Finish w/ balance in retiré

FONDU

*Left hand (only) on the barre

Preparation: tendu side

- Fondu, extend to the front – plié, grand rond de jambe to side/straighten supporting leg
- Fondu, extend to the side – plié, grand rond de jambe to back/straighten supporting leg
- Fondu, extend to arabesque – plié, brush through 1st position to relevé à la quatrième devant
- Brush leg through 1st position plié, extending to relevé arabesque
- Reverse the exercise and finish w/ balance in 2nd arabesque

ADAGIO

*Right hand (first) on the barre

Preparation: plié to 5th position sous-sus

- Développé front, tendu, close 5th
- Développé side, tendu, close 5th
- Développé back
- Plié in arabesque, while making a ½ turn toward the barre to relevé arabesque on the other side
- Close sous-sous in 5th position
- Repeat entire exercise on the other leg

GRAND BATTEMENT

*4/4

*Right hand (first) on the barre

From 5th position:

- Two (2) grand battements in each direction (en croix)
- Repeat entire exercise on the other leg

ADAGIO

*To be done on both sides – begin w/ right leg

Preparation: 5th position croisé devant

- Développé croisé devant – hold position for two (2) counts
- Grand rond de jambe en l'air to écarté devant – hold position for two (2) counts
- Grand rond de jambe en l'air to first arabesque
- Promenade en dedans to 4th arabesque; lower to tendu
- Double pirouette en dehors – finish in 4th position
- Repeat entire exercise to left side

TENDU

*To be done on both sides – begin w/ right leg front

Preparation: 5th position en face

- Two (2) tendu devant (à la quatrième devant) R
- Two (2) tendu derrière (à la quatrième derrière) L
- Two (2) tendu side, change R – Ending in 5th position devant
- Pirouette en dehors from 5th position – closing in the back
- Repeat entire exercise to the left side

TURN

*To be done on both sides – begin w/ right leg

*From upstage corners – traveling on a diagonal

Preparation: left foot in 5th position croisé devant

- Balancé right (upstage) – balancé left (downstage)
- Tombé effacé w/ the right leg
- Pas de bourrée to 4th position croisé

CENTER EXERCISES

■ Double pirouette dehors – finish in 4th position croisé

■ Repeat pirouette en dehors – (upbeat: tendu croisé derrière)

■ Repeat entire combination until diagonal completed

■ Repeat entire exercise from the other diagonal w/ other leg

PETIT ALLEGRO

*To be done on both sides – begin w/ right leg

Preparation: 5th position en face, right foot front

- Two (2) changements de pied
- One (1) sauté échappé – changing feet

■ Glissade to the right – w/ no change

■ Jeté over – step coupé under

■ Brush assemblé under

■ Repeat entire exercise on the other leg

GRAND ALLEGRO

*To be done on both sides – begin facing upstage w/ right leg

*From upstage corners – traveling backwards on a diagonal

Preparation: 5th position w/ right leg front

■ Piqué 1st arabesque (on R)

■ Chassé back (L)

■ Step – grand jeté entrelacé (finish w/ R leg extended in arabesque)

■ Fouetté toward the extended leg en relevé

■ Insert your own connecting steps

■ Finish the phrase with a glissade – grand jeté en avant

■ Repeat entire exercise from the other diagonal with the other leg

JAZZ DANCE

CENTER COMBINATION (<2 minutes) demonstrating:

- Isolations and alignment
- Inside and outside jazz turns/pirouettes

BATTEMENT & JUMP COMBINATION (<1 minute)

- Battements in all directions
- Demonstrate different levels (i.e., jumps in the air with floor work in-between)

SHORT DANCE COMBINATION (<2 minutes, solo, in-studio)

demonstrating your strengths as a dancer through:

- Various dynamics, energy, and stamina
- Transition steps (i.e., pas de bourrée, triple steps, chassé, etc.)
- Complex rhythmic patterns
- The ability to hit poses

MODERN DANCE

CENTER COMBINATION (<2 minutes) demonstrating:

- Different uses of the torso and articulation of the spine, including turns and balances with the torso off-balance
- Level changes
- Weight bearing on the hands
- Parallel as well as turned out leg alignment.

TRAVELING COMBINATION (<1 minute) demonstrating your strengths as a dancer through:

- Various dynamics and transitions between steps/movement
- Descents into the floor with ascending recovery
- Large aerial movements such as leaps and jumps with different uses of torso and facing changes.

TAP DANCE (NOT REQUIRED)

CENTER COMBINATION (<2 minutes, WITHOUT music) demonstrating:

- A series of basic steps (i.e., flaps, shuffles, cramp rolls, drawbacks, Irish, etc.)
- Simple to complex riffs
- Pullbacks or pick-ups; wings

TURN COMBINATION (<1 minute, WITHOUT music) demonstrating:

- Irish, flap ball change, maxi-fords, cramp rolls, etc.

ADDITIONAL POINTE WORK

(NOT REQUIRED)

BARRE EXERCISES

RELEVÉ

- *Facing the barre – both hands on the barre
- *To be done in 1st, 2nd, 4th, and 5th positions
- Preparation: 1st position
 - Two (2) slow counts to rise on pointe
 - Two (2) slow counts back down
 - Repeat this set two (2) times
 - Tendu to change positions
 - Repeat in 2nd, 4th, and 5th positions
 - Repeat 4th and 5th positions w/ other foot in front

SOUS-SUS – ÉCHAPPÉ

- *Facing the barre – both hands on the barre
- *To be done on both sides - begin w/ right side
- Preparation: 5th position w/ right foot front
 - Tendu front – close w/ aplié
 - Sous-sus – lower
 - Tendu side – close w/ aplié
 - Sous-sus – lower
 - Tendu back – close w/ aplié
 - Two (2) échappé changé
 - Repeat entire exercise to the other side

CENTER EXERCISES

ÉCHAPPÉ

- *To be done on both sides – begin w/ right side
- Preparation: 5th position right foot front
 - Échappé 4th position croisé – closing into 5th position
 - Échappé 2nd position – closing into 5th position back
 - Two (2) retiré passé - closing back
 - Repeat entire exercise on the other leg

TURN

- *To be done on both sides

- Preparation: B+ w/ R leg back
 - Piqué 1st arabesque
 - Brush back leg forward through 1st to 4th position croisé
 - Pirouette en dehors – finish in 4th position
 - Pivot to tendu croisé devant – Tombé forward (coupé back foot) – Pas de bourrée (finish in 5th position effacé)
 - Relevé Sous-sous and full détourné to B+ w/ L leg back

TRADITIONAL BALLET COMBINATIONS

FOR MEN (NOT REQUIRED)

CENTER EXERCISES

MEDIUM ALLEGRO

- *To be done on both sides – begin w/ right leg
- Preparation: 5th position w/ right foot back
 - Tombé pas de bourrée – traveling right
 - Glissade under
 - Assemblé over
 - Tendu w/ front leg in 2nd position
 - Rond de jambe tendu to 4th position back
 - Multiple pirouettes en dehors
 - Repeat entire exercise on the other leg

TOUR EN L'AIR

- *To be done on both sides – begin w/ left foot
- Preparation: 5th position w/ left foot front
 - Two (2) chassé en avant
 - Assemblé back
 - Double tour en l'air, en dehors

OR

- Preparation: 5th position w/ right foot front
 - Sous-sus, plié
 - Double tour en l'air, en dehors
 - Repeat entire exercise on the other leg