

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8	9	10
Arrival in Mexico City Shuttle to the hotel	Free time to recover from the flight and jetlag	Welcome session Mexican history Welcome lunch Campus tour Course introduction	3hr Class: Introduction to Mexican health care 1.5 hr Spanish survival class 3hr Class: Cultural attitudes and beliefs in relation to healthcare	3hr Class: Environmental issues relating to Health Care in Mexico	3hr Class: Elderly Care in Mexico 1.5hr Spanish survival class	Site visit: Activities at Elderly care residence
11	12	13	14	15	16	17
Cultural visit: Pyramids of Teotihuacán & Basilica of Our Lady Guadalupe	Cultural visit: Mexico City historic town centre	3hr Class: Disabilities in Mexico 3hr Class: Socio Cultural aspects of Sexuality in Mexico	Site visit: CRIT rehabilitation centre	Site visit: Public Hospital and Health Center in outlying poor, semi rural setting. Lunch and free time at Santa Fe shopping mall	3hr Class: Mexico's approach to global health issues	Site visit: Public health centre 3hr Class: Health issues in vulnerable populations
18	19	20	21	22	23	24
Week end trip to Puebla Visit to: Pyramid of Cholula Walking tour of Puebla historical city center. Evening free *Lunch in Puebla included	Week end trip to Puebla Visit to: Pyramid of Cholula Walking tour of Puebla historical city center. Evening free *Lunch in Puebla included	3hr Class: Food and Nutrition in Mexico Workshop: Mexican cooking	3hr Class: Mental Health issues in Mexico	3hr Class: Child Health Care in Mexico Lecturer	3hr Class: STD/HIV issues in Mexico Site visit: HIV Clinic Final meeting with academic coordinator	Student Presentations Certificate award ceremony Farewell lunch
25	26	27	28	29	30	31
Check-out of the hotel Bus transfer to the airport						